

# Walk for Parkinson's

Saturday 5 July 2025  
Thoresby Park, Newark

Get active, meet others, and help fund great care,  
everywhere for people with Parkinson's.



Join us at

# Thoresby Park, Newark

We desperately need more specialists. Walk for Parkinson's raises money to help fund great care, everywhere. Help us deliver care to thousands more people who urgently need it by joining a walk near you.

People with Parkinson's need ongoing, specialised support. You can help to fund vital new specialist care experts like Parkinson's nurses, physiotherapists, occupational therapists, speech and language therapists, pharmacists, and mental health professionals.

Walk with us and you can help us provide Parkinson's training to healthcare professionals. This means more people with Parkinson's, and those who love and care for them, can access the support they need.

## About the walk

Join us for a 1.8 or 6.3 mile walk around the beautiful Thoresby Park in Newark.

Walkers will start by Thoresby House, following a route around woodlands and the deer park.

Warm up together, walk together, finish together. Start and finish in the event village with the Parkinson's community. Have a chat, grab a drink and find information and support.



[events.parkinsons.org.uk/  
walkthoresbypark](https://events.parkinsons.org.uk/walkthoresbypark)

[walk@parkinsons.org.uk](mailto:walk@parkinsons.org.uk) | 0800 138 6593

**Sign up  
now!**

# Event details

We all have different reasons for walking. But walking together means we can help people with Parkinson's, and those who love and care for them, get access to the care they need.

Date: **Saturday 5 July 2025**

Walk distance: **1.8 or 6.3 miles**

Walk start time: **11am**

Challenge rating: **Easy**

Entry fee for adults: **£12**

Under 18s go free: bring the whole family together as those under 18 go free. All venues allow dogs on leads too.

Your entry fee goes towards the cost of organising the walk.

Before the walk, we'll send you a Parkinson's UK T-shirt, walk number and fundraising pack. On the day, we'll be there to cheer you on and present you with your medal at the end!



We're Parkinson's UK,  
the charity that's  
here to support every  
Parkinson's journey.  
Every step of the way.

Explore our other events  
[parkinsons.org.uk/events](https://parkinsons.org.uk/events)

For general information and support  
Free confidential helpline **0808 800 0303**  
[hello@parkinsons.org.uk](mailto:hello@parkinsons.org.uk) | [parkinsons.org.uk](https://parkinsons.org.uk)

Parkinson's UK, 50 Broadway, London SW1H 0DB



Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A charity registered in England and Wales (258197) and in Scotland (SC037554).  
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